

## Who can contact the Advance Care Planning Facilitators?

- Patients / Residents / Consumers
- Family Members
- Treating Doctors
- Nurses
- Allied Health
- Community
- Volunteers

There is no cost associated with this service

### Services can be provided:

- In person
- By telephone
- In hospital
- In Outpatient Clinic or treatment centre
- At Community Health or District Nursing

ASK your GP Clinic / Nurse about Advance Care Planning or visit <https://www.betterhealth.vic.gov.au/havetheconversation>

## Further Information

- **CMH**  
Advance Care Planning Facilitators  
03 555 42 555
- **Advance Care Planning Advisory Service**  
1300 208 582
- **Office of the Public Advocate**  
1300 305 612

## LOCATION

Casterton Memorial Hospital  
63-69 Russell Street  
Casterton VIC 3311



# Advance Care Planning / Directives



**Our team can help you Plan your Care**

## Advance Care Directive

An **Advance Care Directive (ACD)** is a document that states your informed choices and decisions about the health and personal care you would want, should you become unwell.

The **Advance Care Directive** also enables you to write down the important spiritual and cultural values and beliefs you hold, and wish to have considered as part of your care.

You will be able to appoint a **Medical Treatment Decision Maker (MTDM)** as Your Agent.

The agent/s you appoint will be able to represent you if you were unable to make decisions on your own behalf.

The health team looking after you will be able to know you better and will be able to consider your wishes within your health care plan.

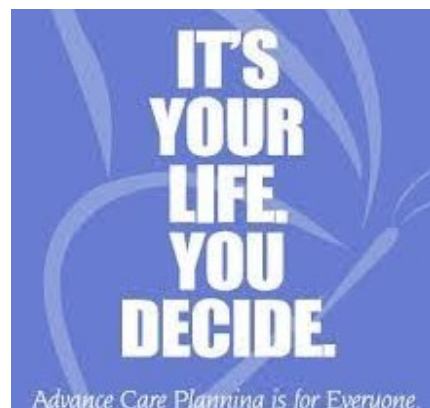
## Have the Conversation

Creating your Advance Care Directive gives you the opportunity to “*Have the Conversation*”.

You will be able to speak with your GP, your family and significant people in your life regarding decisions about your health and personal care.

There are trained consultants who can help you think and talk about the medical treatment you would or would not want.

In your discussions with consultants and your Medical Treatment Decision Maker Agent/s, your spiritual and cultural beliefs will be known and respected.



## Frequently Asked Questions

### Who do I choose as a Medical Treatment Decision Maker (MTDM)?

- The person you believe will be able to represent you should you be unable to speak for yourself.
- The person who respects your values and beliefs and will represent you when decisions need to be made.

### Can I change my mind?

**Yes.** You can revoke or change your Medical Treatment Decision Maker and Advance Care Directive at any time.

### Where will my MTDM & ACD documents be kept?

You will keep your documents and you will make sure your MTDM, GP, hospitals and health services have a copy.