



# CASTERTON HEALTH & HOSPITAL HAPPENINGS

CI/A01/55075

## Providing Services in:

### **Acute Healthcare:**

- \* Urgent Care
- \* Medical care
- \* Day procedures
- \* Palliative Care
- \* Respite
- \* Postnatal/Midwifery Care
- \* Dialysis
- \* X-Ray services
- \* Equipment Hire

### **Residential Aged Care:**

- \* 30 well appointed rooms
- \* 24/7 Registered Nurse and GP care
- \* 7 day supported Activity Program
- \* Pleasant, comfortable décor and gardens
- \* Rehabilitation programs
- \* Free Foxtel to lounges

### **Primary Healthcare:**

- \* District Nursing
- \* Social Support Group
- \* Visiting Specialists
- \* Midwifery home visits
- \* Exercise Programs
- \* Physiotherapy
- \* Dietetics
- \* Audiology
- \* Podiatry
- \* Speech Therapy
- \* Mental Health
- \* Telehealth/Skype
- \* Home Maintenance
- \* Meals on Wheels
- \* Community Taxi
- \* Function Room Hire
- \* Video Conferencing
- \* Catering
- \* Bus Hire

## **A message from the C.E.O.**

As a community we fought and won the battle against the first wave of the Coronavirus but now with the declaration of the 'State of Disaster' it is imperative that every individual follow the rules and practice **social distancing, hand hygiene, cough and sneeze etiquette and to wear a face mask at all times when you leave your home.**



Please read and keep up-to-date with the key Government messages in the media or online at Department Health and Human Services website:

<https://www.dhhs.vic.gov.au/coronavirus>

Stay at home – but if you need to seek food or medical services, ensure you adhere to the key COVID principals. Wear a face mask, social distance and sanitise your hands at entry points.

The CMH team are at hand 24/7 to assist and support you when required - phone 5554 2555.

CMH COVID Testing Clinic is available 7 days a week from 9.15am to 10.30am for those persons who believe they have COVID symptoms. You must phone in advance to arrange your appointment. Please do not present without an appointment.

I know that Casterton is a strong and resilient community, but we must continue to work together to beat this second wave and keep OUR community safe.

Look out for your neighbours or elderly friends by giving them support and comfort during this time.

If you, your family or a friend needs mental health and well-being support, call South West Health on 1800 965 144 for professional advice and guidance.

Stay safe, positive and well.

Owen Stephens, Chief Executive Officer.

